

## **Regulations**

### **Overview**

#### **Purpose**

There are many regulations pertaining to safety and health. As a supervisor you should be aware of what these regulations are. This module will introduce you to the primary regulations that apply to the work environment.

#### **Objectives**

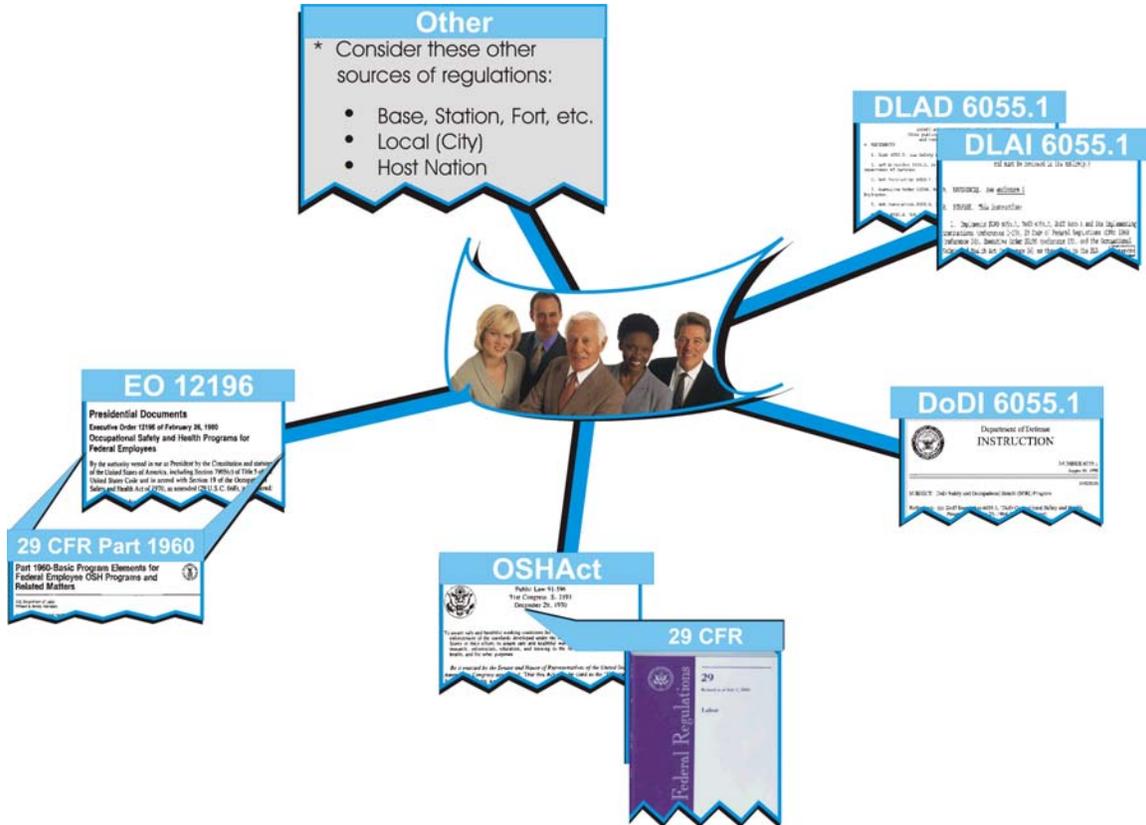
You will be able to identify the major Safety and Occupational Health (SOH) regulations.

Given access to the 29 CFR or its excerpts and a regulatory citation, you will be able to identify the subject matter of the citation and label the components of the citation.

## Regulations

### Sources of regulation

The graphic below shows the numerous regulations that you must take into consideration. More information on these follows on the next page.



### Where do I find these regulations?

Regulations may be found at your local safety and health office or online. The table below lists online regulatory resources.

Source	Web Address
Defense Logistics Agency Publishing System (DLAPS)	<a href="http://www.dlaps.hq.dla.mil">www.dlaps.hq.dla.mil</a>
DLA Environment and Safety Directorate (DSS-E)	<a href="http://www.dla.mil/dss/dss-e/">www.dla.mil/dss/dss-e/</a>
DOD Publications Link	<a href="http://www.dtic.mil/whs/directives/">www.dtic.mil/whs/directives/</a>
Government Printing Office Online Access	<a href="http://www.access.gpo.gov/su_docs/">www.access.gpo.gov/su_docs/</a>
Air Force Safety Center Online Publications	<a href="http://safety.kirtland.af.mil/AFSC/forms_pubs.html">http://safety.kirtland.af.mil/AFSC/forms_pubs.html</a>
Army Safety Program References	<a href="http://www.stricom.army.mil/STRICOM/SAFETY/aosh.jsp">www.stricom.army.mil/STRICOM/SAFETY/aosh.jsp</a>
Navy Safety Center	<a href="http://www.safetycenter.navy.mil/default.htm">www.safetycenter.navy.mil/default.htm</a>

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## Regulations, Continued

### Occupational Safety and Health Act (OSHAct)

The OSHAct was passed in 1970. The Act's purpose is to ensure, so far as possible, every working man and woman in the Nation safe and healthful working conditions and to preserve our human resources. Employers must provide a workplace free from recognized hazards and comply with the safety standards published under the Act. Federal agencies are not considered employers as defined by the Act. However, under section 19, Federal agencies are responsible for establishing an effective occupational safety and health program, which is consistent with the standards published under the Act.

### OSHA standards

The standards published under the authority of the OSHAct are commonly known as the OSHA standards. These standards are published in the Code of Federal Regulations (CFRs). The CFR is an annual codification of the general and permanent rules published in the Federal Register by the executive departments and agencies of the Federal Government.

The Department of Labor, which includes OSHA, is the agency that writes the regulations to enforce the OSHAct. The purpose of the CFR is to present the official and complete text of agency regulations in one organized publication. A new CFR is published every July, but OSHA Standards are revised and published throughout the year. To obtain the most current regulations it is best to use the OSHA web site.

### Executive Order (EO) 12196

EO 12196, Occupational Safety and Health Programs for Federal Employees, was signed on February 26, 1980. This EO's purpose is to reinforce section 19 of the OSHAct and to establish specific program requirements for the protection of Federal employees.

Standards published under this EO are found in 29 CFR, Part 1960, Basic Program Elements for Federal Employee Occupational Safety and Health Programs and Related Matters.

### Supplementary standards

Field Activities (FAs) develop supplementary standards to implement protective measures necessary to ensure the safety and health of DLA personnel, where existing Department of Defense (DoD) Safety and Occupational Health (SOH) standards do not cover safety and health hazards. DLA Regulations provide considerations and procedures for the development of supplementary standards.

### Other regulatory standards related to SOH

Other regulatory standards are applicable to certain operations and are issued by Federal Regulatory Agencies (other than OSHA). Examples are

- 10 CFR, Department of Energy
- 40 CFR, Environmental Protection Agency, and
- 49 CFR, Department of Transportation.

### Special DoD or DoD-component-developed OSHA standards

Special DoD or DoD-component-developed OSHA standards are standards, rules, or regulations applicable to military-unique equipment, systems, and operations.

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## Organization of the CFR

### How is the CFR organized?

The CFR contains 50 titles that represent broad areas subject to Federal regulation. For example, environmental regulations are found in Title 40 and transportation rules are in Title 49. The safety and health regulations are found under Title 29 of the CFR. All references to OSHA regulations begin like this—29 CFR—with the title number first, followed by the acronym for the Code of Federal Regulations.

The OSHA regulations are found as follows:

**Title 29** Department of Labor

**Subtitle B** Regulations relating to labor

**Chapter XVII** Occupational Safety and Health Administration, Department of Labor

**Parts** 1900-1999

### Chapters

Each title is divided into chapters that usually bear the name of the issuing agency, i.e., OSHA.

### Parts

Each chapter is divided into numbered Parts covering specific subject areas, i.e., 29 CFR Part 1910, Occupational Safety and Health Standards.

### Subparts

Each part is divided into subparts, sections, paragraphs, subparagraphs, etc. Subparts and sections contain information relating to a specific subject matter. The following list identifies various subparts within 29 CFR 1910.

- Subpart D: Walking-Working Surfaces
- Subpart E: Exit Routes, Emergency Action Plans, and Fire Prevention Plans
- Subpart G: Occupational Health and Environmental Controls
- Subpart H: Hazardous Materials
- Subpart I: Personal Protective Equipment
- Subpart J: General Environmental Controls
- Subpart K: Medical and First Aid
- Subpart L: Fire Protection
- Subpart N: Materials Handling and Storage
- Subpart O: Machinery and Machine Guarding
- Subpart S: Electrical
- Subpart Z: Toxic and Hazardous Substances

The key to finding information in the CFR is to understand the regulatory citation's sequence.

## Finding Information in the CFR

### Regulatory citation sequencing

Below is an example of a regulatory citation. All 29 CFR regulatory citations follow the same sequence. Reading from left to right, the sequence is as follows: Title, part, section, paragraph, subparagraph, sub-subparagraph.

### 29 CFR 1910.23 (e)(5)(ii)

Title	Part	Section	Paragraph	Subparagraph	Sub-subparagraph
29 CFR	1910	23	(e)	(5)	(ii)

The above citation references regulations as identified in the table below.

Reference	Subject
29 CFR	Department of Labor
1910	Occupational Safety and Health Standards
23	Guarding floor and wall openings and holes
(e)	Railing, toe boards, and cover specifications
(5)	Handrails
(ii)	Handrail heights

### How to find information in the CFR

Hard copy CFRs are somewhat like dictionaries. The Part and Section references are found on the top of each page in numeric sequence. There is also a complete listing of subparts and sections found at the beginning of each Part (i.e., 1910). If you have the regulatory citation, you look up the number just as you would a word in the dictionary.

## Finding Information in the CFR, Continued

### CFR on the Internet

Many of the CFRs can be found on the Internet. The Web site for OSHA is [www.osha.gov](http://www.osha.gov). To find regulatory references, follow the procedure below:

Step	Action	Result
1	Go to <a href="http://www.osha.gov">www.osha.gov</a> .	OSHA's home page
2	Click on Laws & Regulations.	OSHA Regulations and Compliance Links Page
3	Click on OSHA Regulations (Standards – 29 CFR).	Regulations—(Standards-29 CFR) Table of Contents
4	Scroll down to link for the Part you want, then click on the link.	Regulations—(Standards-29 CFR) Table of Contents for _____(Part Number)

### Standards you will use

The list below identifies the 29 CFR Parts applicable to most supervisors:

- 1910, General Industry Standards
- 1915, Maritime Standards
- 1926, Construction Standards
- 1960, Basic Program Elements for Federal Employee Occupational Safety and Health Program and Related Matters

Note: Appendix A of your Participant Guide provides an overview of the most often used subparts of 29 CFR Part 1910. For more detailed information, go directly to the 29 CFR.

**Learning Activity****Directions**

Follow each step below to complete the learning activity.

1. Label each of the components of the regulatory citation below.

**29 CFR 1910 .126**



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2. Using OSHA's website [www.osha.gov](http://www.osha.gov), look up the following regulatory citations and identify which topic each addresses by circling the best answer.

**29 CFR 1960.9**

- a. operating procedures
- b. supervisor responsibilities
- c. employee responsibilities
- d. [reserved]

**29 CFR 1910.22(a)(3)**

- a. chute floor shall be guarded
- b. housekeeping
- c. floor free from protruding nails
- d. general requirements